INSTINCT INTELLICIENCE
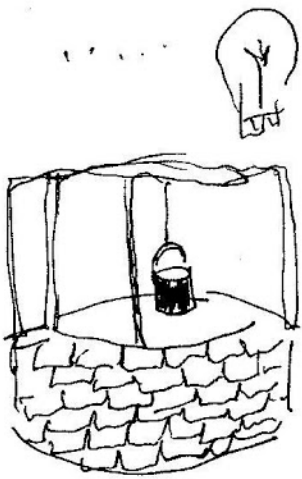
village Prenatal

Thankyou Sister
Love Oni
zoni333@hotmail.com

+ just women: critical
no inhibitions / behaviour
changes

+ whats left to do. After
exhausting many options.
..... 💡 → walking to the well
being with women
without being SO
(self) concious with
"professional"
responsibility

+ pregnant women in
a village prenatal

+ know the women. without
seemingly obselete
questioning

+ who else should be there?
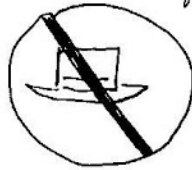= WOMEN WHO HAD
BIRTHED IN
POWER

+ FOOD

- every woman brings a NUTRITIOUS! dish. (except the woman).
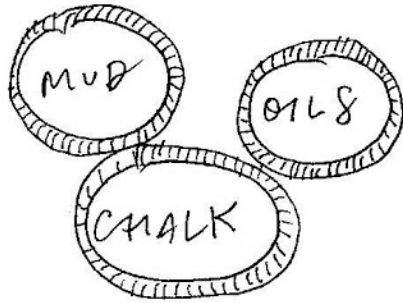
+ always meet at HOME with a kitchen

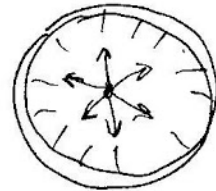+ WELCOMED interested people and "professionals"

+ nature

+ music
music makers

MUD

OILS

CHALK

+ 4-6 hours BUT.... no time limit no end

+ Fluidity ⟷ Respect
ongoing and participate help
(no plan is OKAY)

BEFORE STORYTIME

○ what is your ideal birth — talking stick — (make sacred whatever you need to

○ any concerns or fears?

○ A grounded wise Elder ≣ Keep energy positive and flowing

+ not a space for
Directing or coercing → → → "Tell us more.."

= SELF
   DIRECTION ← ← ← ← "Tell us more..."
                              - wise Elder

THEN WATCH.
 change through

+ EG. GBS Question.
   = HEAR ? • do not and explain

+ "well then.. there's that!" :)

+ NUTURE   Transform
  FEED   Reborn
  SING
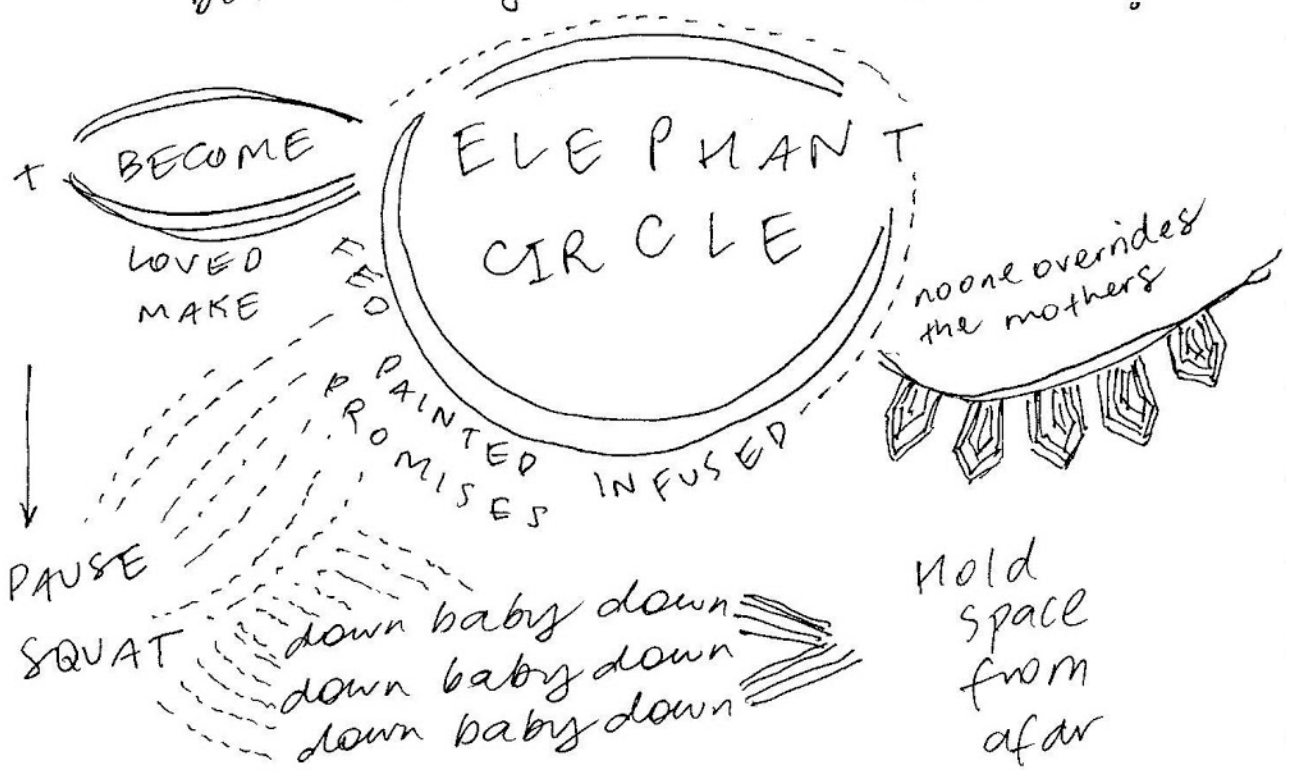 MOTHER
  POWER

put on
HOLD
SPACE
SHARE
STORY

!!!!SING!!!!!
birth like
the she
bearer

+ LISTEN >> ear
  / to baby   pinnard >>

not
record.

+ W E L C O M E
   village involvement — childlike curiosity   self
                          "can i hear?"   learning
                           can i hear?
                        = LEARNING!

+ PAINT

'every woman.

"who can help Themselves, when we've just women with no other Agenda but ENJOYING eachother?"

+ BECOME

ELEPHANT CIRCLE

LOVED
MAKE

FEO
PAINTED
PROMISES
INFUSED

noone overrides the mothers

PAUSE

SQUAT

down baby down
down baby down
down baby down

Hold space from afar

+ How often?
– when host feels
– work
– meet needs of self → women
– allow people to step in

+ How many people?
EG: 4 women.
pregnant

o BIGGER CIRCLE

OR

2 CIRCLES

SOLID BASE FIRST

– who will be the wise elder?
– which elephants will turn up?
– whose house will we host at?